



Downtown Norfolk Council Celebrates National Bike Month with Packed Calendar of Events

April 28, 2025

NORFOLK, VA – The Downtown Norfolk Council (DNC) is thrilled to announce a full slate of exciting events throughout May in celebration of National Bike Month. The greater Downtown Norfolk area will be buzzing with activities designed to encourage residents and visitors alike to embrace cycling for transportation, recreation, and health. Bike month is co-produced with the [City of Norfolk](#), [GoCommute](#), sponsored by [Lime](#), and enjoys substantial support from the [Elizabeth River Trail Foundation](#) and other community organizations.

Building on Norfolk's commitment to being a bike-friendly city, the DNC, in partnership with local businesses and organizations, has curated a diverse calendar of events catering to cyclists of all ages and abilities. May offers numerous opportunities to get on two wheels and explore the beauty and vibrancy of Downtown and the surrounding areas.

Highlights of Downtown Norfolk's Bike Month 2026 celebrations include:

- **Hampton Roads Bike Expo:** Kick off the month at The Slover on May 1 from 5pm-7pm.
- **National Ride a Bike Day:** Participate in special rides like the Slow and Steady Sunday Ride or the Tour de ORF on Sunday, May 4.
- **Bike to Work Day:** Join fellow commuters for Bike to Work Week May 12-16, culminating in Bike to Work Day on Friday, May 16. 12 pitstops across Norfolk and Portsmouth will be providing water, snacks and bike freebies from 7am - 9am.
- **Community Rides:** Enjoy numerous group rides throughout the month, hosted by organizations like East Coast Bicycles, Slow & Steady Bikes and Goods, Freshtopia, Norfolk ReCycle Factory, and more. Themes range from casual community rides and adventure rides to ladies' nights and boom box rides.
- **Specialty Events:** Don't miss unique events throughout the month like the Glow Ride IX, Bike Night at the Virginia Zoo, Bike Polo Pickup Games, ERT Bike Botanical Tour, and Kidical Mass Group Ride.



"Bike Month is a fantastic opportunity to showcase Downtown Norfolk as a premier destination for cyclists," said Rachel McCall, Vice President at Downtown Norfolk Council. "We encourage everyone to dust off their bikes, join one of the many planned events, and experience the joy and benefits of cycling in our beautiful city."

The full calendar of Bike Month events can be found on the [Downtown Norfolk Council website](#). A [resource guide](#) with bicycling tips and community information is also available for download. Many events are hosted by local bike shops and community groups, offering something for every interest and skill level.

About the Downtown Norfolk Council: The Downtown Norfolk Council (DNC) is a private, not-for-profit membership organization dedicated to promoting and enhancing the economic vitality and cultural vibrancy of Downtown Norfolk through advocacy, collaboration, and programming. Find events, directories, and resources at www.DowntownNorfolk.org and follow @Downtown757 Instagram and @DowntownNorfolk on Facebook.

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